

Dëbe Sranän

Sheep Month

# November 2023



Handmade by Karen Niclous

Juk drin nëkhwè huzù'

May the day be good for you

Access all the weekly events and job postings  
at [trondek.ca](http://trondek.ca)

## Opportunities for Employment

We're hiring casual staff to help specifically with Elder and Community Health programming as well as home support workers.

Flexible hours that can work with your schedule. This is perfect for anyone looking for a casual job, 2nd job, or wanting to gain health care experience. Apply online by heading to [trondek.ca/job-board/](http://trondek.ca/job-board/)

Looking for other types of employment? See what's available via our online job postings or visit our display board on the 1<sup>st</sup> Floor of the Administration Building.



**Tr'ondëk Hwëch'in  
Citizen Awards**

**Shine a light on someone special**

**Cast your votes by hand or online by  
Wednesday, November 29th at NOON**





Sharon Vittrekwa

## Dates for Remembrance

**Indigenous Veterans Day**  
November 8th

**Remembrance Day**  
November 11th

## Council Meeting Dates

**Wednesday, November 1<sup>st</sup>** – TH Council Meeting  
at 5:30pm in Älä́t Nēhējēl

**Tuesday, November 14<sup>th</sup>** – Elders Council Meeting  
at 5:30pm in Älä́t Nēhējēl

**Thursday, November 23<sup>rd</sup>** – TH Council Meeting  
at 5:30pm in Whitehorse in the Town Hall Conference  
Room at the Gold Rush Inn

**Friday, November 24<sup>th</sup>** – Citizens Christmas Dinner  
at 5:30pm in Whitehorse in the Town Hall Conference  
Room at the Gold Rush Inn

**Monday, November 27<sup>th</sup>** – Youth Council meeting  
at 4:00pm in K'ajit-In Zho

## Every Wednesday is Bannock Wednesday! 2pm at the K'ajit-in Zho.

We are pleased to present Bannock Wednesday at the K'ajit-in Zho. This weekly offering is part of our after-school programming and a chance to connect and enjoy some fresh baked Bannock. Elders and citizens are encouraged to come visit with us.



**Hän  
Singing  
Practice**

K'ajit-in Zho  
Wednesdays  
5:30pm

Join the Hän Singers every Wednesday at 5:30pm - 6:30pm at the K'ajit-in Zho. Everyone is welcome to come along for singing, dancing, learning new stories and songs. For more information, please contact [Erika.Scheffen@trondek.ca](mailto:Erika.Scheffen@trondek.ca).

# #RockYourMocs Week

November 12th — 18th

## #RockYourMocs

(from AFN Yukon Region)

is a global movement started by Indigenous people from all around the world meant to celebrate the uniqueness of Indigenous peoples and cultures everywhere by showing off the individuality of moccasins and all of the different designs that they come in.

Tag #RockYourMocs and @trondekhwechingovernment and we will share your Moccasins online. Featured here are some Yukon made moccasins, available for purchase at the Dänojà Zho Cultural Centre.



Made by Dalores Schefflen



Made by Gertie Tome



Made by Margie Kormendy

Want to visit the gift shop? Contact:

**Cultural.centre@trondek.ca** to book an appointment.

As we roll into the holiday season, new programs and events are happening regularly. For information on up-to-date weekly programming at the Chief John Jonas Centre pop in for a visit or call 993-7100 ext. 174.

For Elders programming call 993-7100 ext. 151 or email [elders.support@trondek.ca](mailto:elders.support@trondek.ca)



## HALLOWEEN HIGHLIGHTS FROM THE CJC



Tune in to **CFYT 106.9FM** on Mondays  
10am — 11am for news, events and tunes  
with Elder Support Worker Karen Blake.

# Wellness Programming

## **Beading Program every Monday from 5pm to 8pm**

Join us at the CJC for good company, snacks, and a chance to work on your own sewing/beading/crocheting projects.

Led by Margaret Titus and Babe Titus.

## **Elders WOW! Program on Wednesday from 2:15pm to 3pm**

Work Out and Walk your way to health and fitness! During this program, you'll develop strength, balance, and flexibility. At Äät Néhäjël (TH Hall)

## **Singalong! Tuesdays from 2pm - 3pm**

Join Health Programs & Services Manager, Lana Welchman for a fun hour of classic songs at the CJC. Ideal for Elders & Families. Singalong or just listen & enjoy.

## **Elders Wellness Group on Mondays 1:30pm to 3:30pm**

Join this Elders group that supports all areas of wellness. Held at the CJC.

## **Men's Program on November 9th and November 23rd**

Meet at the Jëje Zho from 1pm to 4pm

## **Lunch & Learn on November 9th and November 23rd**

Learn healthy habits in this informal education series from Noon-1pm at the CJC. Lunch provided.

Nov 9th - How to Access Treatment with Charmaine Christiansen

Nov 23rd - Diabetes 101 with Sunrise Nutrition

## **Thrift Store Shopping on November 23rd from 1pm to 3pm.**

Dedicated shopping time for Elders at St. Paul's Anglican Church Thrift Store. Rides will be available for those who would like to go shopping.

Call 993 - 3568 or 993 - 3367

## **Birthday Bingo on November 28th**

Elders Bingo will be held on November 28 starting at 1:00pm at the CJC.

If you need a ride call 993 - 3568 or 993 - 3367

## **SHARE YOUR EXPERTISE**

Passionate about sharing your knowledge to improve Citizen wellbeing? Tr'ondëk Hwëch'in Wellness is seeking Citizens, health and wellness professionals, and organizations to lead day and evening programs such as:

- Health Promotion Workshops
- Chronic Conditions Management & Prevention
- Traditional Medicine Making and Use
- Land Based Activities
- Movement & Exercise
- Storytelling & Music
- Han Language
- Computer and Technology workshops for Elders.

Got an idea? Visit the CJC or contact us at  
**Community.health@trondek.ca**

### **Late Night Thursdays from 5pm to 8:30pm**

Enjoy Extended Hours at the Chief John Jonas Centre. Join us for a light meal, bring along a personal project to work on, or just enjoy conversation and company.

### **Community Luncheons**

Monday, Wednesday, and Friday at noon for lunch at Äłät Nëhëjël (TH Hall) Cost: free for Citizens.

### **Meals on Wheels**

Meals on wheels programs provides Citizens access to nutritious meals. Mondays, Wednesdays, and Fridays. Physician referral may be required.



## Community Flu Vaccine Clinics

Wednesday, November 8th



Srotän / It is frosty

Flu Vaccine Clinics are available to all Citizens and Tr'ondëk Hwëch'in staff on Wednesday, November 8<sup>th</sup>. These will take place at the following venues and times:

**Hähkè Steve Taylor Building**

9:30am – 11:30am Room 211

**Ätät Nëhëjël**

11:30am – 1:30pm

**Chief John Jonas Centre**

2pm – 4pm

For more information, contact [community.health@trondek.ca](mailto:community.health@trondek.ca) or call 867-993-7100 ext. 150. Mähsi cho

## Remembering Sisters in Spirit on October 4th. 2023

Taking place on the traditional territory of the Tr'ondëk Hwëch'in, the 2023 Sisters in Spirit events brought us together in honouring the lives of Indigenous women, girls, and two-spirited peoples, all those affected by violence, and all those working to building a stronger community.

The October 4th event was a culmination of three events in total:

- \* September 25th Classroom discussions with Grade 10's, Grade 11's and Grade 12 Robert Service School students
- \* October 2nd Sisters in Spirit Film Night
- \* October 4th Sisters in Spirit Walk and Vigil



# Sisters in Spirit

A beautiful turnout and show of support with approximately 100 people attending the Walk and Vigil.



The Vigil began on the lawn of the Dänojå Cultural Centre, with a sacred fire maintained by Firekeepers Dillan Taylor and Arden Beets-Bullen.

GOLD RUSH INN  
WHITEHORSE  
NOVEMBER 24TH  
5:30PM



TR'ONDĚK HWĚCH'IN PRESENTS

*Christmas*  
**DINNER**



Let's celebrate Christmas together in Whitehorse  
All Tr'onděk Hwĕch'in Citizens welcome.



Special Guest  
Mrs Claus





# TRAPPING

## ATTENTION TR'ONDĚK HWĚCH'IN TRAPPERS



### Trapping Season Begins November 1<sup>st</sup>

Have you completed your trapper training workshop or plan on completing the workshop this fall?

Are you interested in trapping on a TH Group Trapline this upcoming season?

If so, please contact the TH Fish and Wildlife office to talk to us about your interest and find out which traplines are available for you to trap.

For more information, please call **Karlie Knight** at 993-7100 ext. 160, or **Alice McCulley** at 993-7100 ext. 240.

**Teachings and thankfulness aplenty. Here's a sneak peak from the Tr'ondëk Hwëch'in First Hunt Camp that took place at Cache Creek, KM 131 on the Dempster Highway from October 19th – 22nd.**

A team of Tr'ondëk Hwëch'in hunters, guides, elders, and Tr'ondëk Hwëch'in staff took care of 10 youth receiving teachings out on the land. Over a few days they learned how-to harvest small game and caribou and participated in traditional activities including jarring, beading and archery. Youth were recognized for attitude, skill learning and winning at Dënezhu Bingo.

Coordinated by Sharon Vittrekwa, Cultural Education Coordinator for the Heritage department, she shares her reflections and a reminder of the importance of these teachings in a respectful way:

*“Teachings are connected to learning the importance of the circle of life and the caribou. The caribou are our lifeline. By instilling the traditional values to our youth, we create our new head leaders in respect and acknowledgment of our herd leaders Les John and John Taylor.”*

Mähsj cho to all those who participated alongside our sponsors who provided gifts and support. Stay tuned for details on the First Hunt Feast.



# First Hunt Camp



# Last Minute Bazaar

Book your  
table before  
Nov 15th

MOOSEHIDE GATHERING FUNDRAISER



DECEMBER 2ND, 2023 / 11AM - 4PM  
ATĀĹĀT NĒHĒJĒĹ, TH HALL

CALL OUT TO ALL VENDORS, BOOK YOUR  
TABLE UNDER [EVENTS@TRONDEK.CA](mailto:EVENTS@TRONDEK.CA), OR  
CALL 993-7100 EXT. 206



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[trondek.ca](http://trondek.ca)